



BIO-IDENTICAL HORMONE REPLACEMENT THERAPY

Compounding pharmacists are meeting the needs of peri-menopausal and menopausal women by use of plant-derived, bio-identical hormones. These hormones are appealing to patients because they mend a hormonal imbalance with hormones, which are identical to those produced in the human body.

A compounding pharmacist can tailor a hormone regimen, which mimics what a female's body has been doing for the past 50 years or so. All women are not the same; therefore, a compounding pharmacist can add value by preparing the medication to "fit" the patient with the appropriate dosage strength and form.

The compounding pharmacist, working in triad with the patient and her physician, can start and maintain bio-identical hormone replacement. Hormones can be placed in a variety of dosage forms including: capsules; topical creams, suppositories and sublingual troches or lozenges. As the patient works with her physician and the compounding pharmacist, she can choose the dosage route and strength that is most beneficial and pleasing to her.